

MIS FIT ELEMENTARY

BBF Fitness uses fun physical activity to build strength, coordination and confidence to lay the groundwork for a healthy lifestyle.

GRADES 1-5



- **SESSION 1: AUG 23-SEPT 20**
- **SESSION 2: OCT 11- NOV 8**
- **SESSION 3: NOV 15- JAN 3**
- **SESSION 4: JAN 10-FEB 7**
- **SESSION 5: FEB 14-MAR 13**
- **SESSION 6: MAR 20- APR 24**

WEDNESDAYS

3:30-4:30

\$160 PER SESSION

NANA TWUM

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